

## OTHER COMMUNITY MISSIONS

### YOUTH SERVICES

- **Aurora House (Youth Community Residence)**
- **Family Solutions Program (FSP)**
- **Falls Street Station (YHDP)**
- **Juvenile Supported Case Management (JSCM)**

#### **Youth Services**

provides strength-based services that empower at-risk youth with juvenile justice, mental health and homeless challenges.



Staff offer a professional, nurturing, and supportive environment to allow youth and their families to recognize their full potential and accept responsibility for their decisions and actions.

- **Aurora House** is a youth community residence located in Lockport. The facility provides complete care, for an established period of time, for eight youth diagnosed as seriously emotionally disturbed (SED). The program serves the eight counties of Western New York and offers 24-hour staff supervision.
- **Falls Street Station (Youth Homeless Demonstration Project - YHDP)** offers transitional housing and Rapid Re-Housing programs for youth and young adults. Supports are offered to help guests of the program move toward more permanent housing and self-sufficiency.
- **Family Solutions Program (FSP)** is a family intervention program designed to establish positive family influences on at-risk youth behavior and build social skills for youth well-being in preparation for a successful adulthood.
- **Juvenile Supported Case Management (JSCM)** is designed to link youth and their families with support services and resources to help youth adjudicated as juvenile delinquents avoid further crime and violence once they have returned from out-of-home placement.

## ABOUT COMMUNITY MISSIONS

Community Missions (CMI) has provided a unique blend of services to address the needs of the Niagara community since its founding in 1925.

The initial population served was homeless individuals and families, which are still served today. For nearly a century, CMI's programs have evolved to meet the needs of its community. The agency now provides 22 programs in its four divisions: Crisis & Community Services, Mental Health Housing Services, Mental Health Recovery Services, and Youth Services.

The agency serves a diverse set of populations including youth, adults, families, the homeless, juvenile justice involved youth, youth and adults with mental illness, persons living with HIV/AIDS, and returning citizens. CMI serves vulnerable populations that have been marginalized, overlooked and challenging in their presentations and behaviors.

#### **For more information on the programs offered by Community Missions, contact:**

- **Crisis Services** (*Community Kitchen, Emergency Housing, Food Pantry, etc.*) - (716) 285-3403 ext. 2221
- **Niagara Visions PROS** - (716) 205-8708
- **Respite Services & Transportation** - (716) 285-3403 x. 2280
- **Mental Health Housing** - (716) 285-3403 x. 2275

#### CMI Mission Statement

Community Missions provides integrated human services that meet people where they are and help them find and elevate their place in the world.

#### CMI Statement of Religion and Faith

As a Christian agency, our chosen role in terms of religion and faith is to express our belief that everyone benefits from spiritual growth. We will provide resources, programs, and community linkages, without proselytizing, that will enhance spiritual growth and wholeness in the faith/spiritual tradition of an individual's choice and support them as they seek to grow in that tradition.

## *Girls Circle*



**Compassion In Action  
Since 1925**



**Girls Circle is designed to foster self-esteem, counter trends of self-doubt, and allow for genuine self-expression in adolescent girls.**

**1570 Buffalo Ave.**

**Niagara Falls, NY 14303**

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**/CMINiagara**

# Girls Circle

## MISSION STATEMENT

Girls Circle promotes resiliency and healthy relationships in pre-teen and adolescent girls, and young women.



Our purpose is to encourage the development of strength, courage, confidence, honesty, and communication skills for all girls.

Our goal is to create safe, culturally competent, and trauma-informed environments to honor girls' development and to enhance girls' abilities, so they are able to take full advantage of their talents, academic interests, career pursuits, and potential for healthy relationships.

### **Program Length:**

- ◆ 3 cycles throughout the academic year
- ◆ 8-12 sessions per cycle; one group weekly

### **Niagara Falls City Schools Involved:**

- ◆ Niagara Falls High School
- ◆ Gaskill Preparatory School
- ◆ LaSalle Preparatory School
- ◆ Hyde Park Elementary School
- ◆ Harry F. Abate Elementary School
- ◆ 79th Street School
- ◆ Cataract Elementary School
- ◆ Maple Avenue School
- ◆ G. J. Mann Elementary School

### **Contact Us:**

For more information, please contact:

**Faith Christner, Girls Circle Lead Facilitator**

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[fchristner@communitymissions.org](mailto:fchristner@communitymissions.org)

## HISTORY OF ONE CIRCLE FOUNDATION

Girls Circle was created in California during the mid-1990's.

The program is an evidence-based program designed to provide support for girls to promote positive connections and skill training for personal and collective strengths.

**"Girls Circle meant a lot to me. It taught me not to try and forget the past but learn from it. It also taught me to cherish my life and not to focus on the thing in my past that I can't change. Everyone in Girls Circle is like a family, and if I didn't have Girls Circle, I would be devastated." - Member testimony**

## FUNDING INFORMATION

This program is administered by Community Missions and funded with support from:

- ◆ A 21st Century Grant awarded to the Niagara Falls City School District.
- ◆ An award from the United Way of Greater Niagara.
- ◆ A mental health grant awarded to the Niagara Falls City School District through the Department of Education.

## PROGRAM STRENGTHS

Girls Circle engages with girls ages 9-18 to create positive social interactions while building awareness of their social emotional needs.

### **Some topics discussed in Girls Circle:**

- ◆ Healthy Relationships
- ◆ Individuality
- ◆ Being A Girl
- ◆ Anger Management
- ◆ Body Image
- ◆ Friendships
- ◆ Diversity
- ◆ Path to the future
- ◆ Gender issues
- ◆ Values
- ◆ Conflict resolution
- ◆ Identity
- ◆ Coping Skills

